

2025 SIJHSAA Girls and Boys Track State Series

(As of 3-12-25)

***Regional Meeting/Seeding April 23, 2024**

***Note the Regional Window is April 26-May 3, 2025**

***State Meet - May 10, 2025**

Class L Regional Assignments

***Regional Host is in bold and underlined**

<u>Region 1</u>	<u>Region 2</u>	<u>Region 3</u>
Anna	Benton	Chester
Carbondale	Carmi	<u>DuQuoin</u>
<u>Carterville</u>	Eldorado	Fairfield
Herrin	Hamilton County	Mt.Vernon
Marion	<u>Harrisburg</u>	Nashville
Murphysboro	Johnston City	Red Bud
Unity Point	Massac County	Smithton
	West Frankfort	Sparta

<u>Region 4</u>	<u>Region 5</u>	<u>Region 6</u>
Central-Belleville	<u>Belle Valley</u>	Breese
Dupo	Carriel-O'Fallon	Carlyle
Emge	Fulton-O'Fallon	Centralia
Grant	Joseph Arthur	Flora
Millstadt	Maryville Christian	Mt. Carmel
Waterloo	Pontiac	Olney
Wolf Branch	Shiloh	<u>Salem</u>
<u>West -Belleville</u>	Whiteside	Wesclin