

2025 SIJHSAA VOLLEYBALL ACTIVITY UPDATE

Jewelry is allowed.

NFHS rule 4-1-7:

Allows small, secured stud or post jewelry to be worn above the chin.

NOTE:

Hoop-style earrings that dangle and other jewelry worn below the chin (such as necklaces and watches) are still **ILLEGAL** and must be removed.



Rule Changes 24-25

4-2-3a, 7-1-1 NOTE: Allows a player to change uniform numbers without penalty when a uniform is damaged in addition to when a uniform has blood on it.

5-4-3c(1): Allows all players on the roster, not just starting players, to stand on their respective end lines prior to the first set.

5-9-2b NOTE (NEW), State Association Adoption Chart: Requires line judges to switch sides of the court between sets when, by state association adoption, teams remain on the same benches throughout the match.

11-4-1b: Allows teams to substitute during an injury time-out for the libero replacement if the libero is injured or ill.

Uniforms



EXCEPTION TO RULE 4-2-4-f

The number on the uniform top shall be:

*Placed so the top of the number on the front of the uniform is no more than **6 inches** down from the shoulder seam; or placed so the number is centered no more than **6 inches** below the bottom edge of any neckline ribbing, placket, or seams on the uniform top.*

IMPORTANT DATES

(Class L, M, & S)

***Practices & Matches:** May start at the discretion of the school.

***Deadline To Enter:** December 15, 2024

***Regional Seeding Deadline:** March 5, 2025

***Regional Window:** March 18-25, 2025

***State Tournament:** March 29, 2025

Reminders

Maximum Number of Matches a school may participate: No limit

Maximum Number of Matches a player may participate: No limit

SIJHSAA and NFHS Rules: The mutual agreement of coaches may not set aside any SIJHSAA or NFHS Rules.

NFHS Equipment and Apparel Guidelines: Please make sure that players are adhering to the NFHS Uniform, Equipment, and Apparel Guidelines.

Official Mikasa Volleyballs for State Series Play

Mikasa VQ2000 (Royal/Black/White)

Regional Officials Pay (Per Official)

*\$55 – One match in a day

*\$75 – 2 matches in a day

*\$110 – 3 matches in a day

*\$130 – 4 matches in a day

Sportsmanship

A player ejected from a contest must serve a 2-game suspension and complete the NFHS Sportsmanship Course. A player ejected a second time during the school year must serve a 4-game suspension.

A coach ejected from a contest must serve a 2-game suspension and complete the NFHS Sportsmanship Course. A coach ejected a second time during the school year must serve a 4-game suspension.

A fan ejected from a contest must serve a 3-game suspension and complete the NFHS Sportsmanship Course. A fan ejected a second time during the school year will be banned from attending any further SIJHSAA Contests.

*Note all player/coach/fan ejection consequences must be met, documented and confirmed by the SIJHSAA previous to eligibility and or attendance is reinstated.

**Additional penalties may be assessed by the school and/or the SIJHSAA.