

## **CROSS COUNTRY (CLASS S & L)**

<b>ITEM</b>	<b>2024-2025</b>	<b>2025-2026</b>	<b>2026-2027</b>
<b>Deadline to Enter:</b>	<b>August 1, 2024</b>	<b>August 1, 2025</b>	<b>August 1, 2026</b>
<b>Regional Window:</b>			
<b>Class S:</b>	<b>Oct. 8 - 15</b>	<b>Oct. 7 - 14</b>	<b>Oct. 6 - 13</b>
<b>Class L:</b>	<b>Oct. 8 - 15</b>	<b>Oct. 7 - 14</b>	<b>Oct. 6 - 13</b>
<b>State Meet:</b>			
<b>Class S:</b>	<b>October 19, 2024</b>	<b>October 18, 2025</b>	<b>October 17, 2026</b>
<b>Class L:</b>	<b>October 19, 2024</b>	<b>October 18, 2025</b>	<b>October 17, 2026</b>