

2013 CLASS "S" STATE TRACK MEET
SALEM HIGH SCHOOL
SALEM , ILLINOIS
SATURDAY, MAY 11TH 2013

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Directions to Salem High School:

1. Exit off I-57 at Exit 116
2. Turn left (east) at the stop light at the end of the exit ramp onto Route 50 (This becomes Main St in town.)
3. Remain on route 50/Main St until the intersection of Main St and North Broadway (also known as Rt. 37)
4. At this stop light you should be in the left turn lane.
5. Turn left (north) onto Broadway and proceed through one traffic light, approximately one mile.
6. The school is on the right (east) side at 1200 North Broadway across from Bryan Park.
The track is behind the school.

Parking: There is parking North and East of the Track as well as extra parking at the Baseball Field North of the Track and at the Community Center located 2 blocks South of the track.

Time: The scratch meeting for all coaches and workers will start at 9:30 a.m. AT THIS TIME ALL COACHES SHOULD TURN IN THEIR ELIGIBILITY SHEETS. ALL PARTICIPANTS MUST HAVE A COACH OR A SCHOOL BOARD APPROVED REPRESENTATIVE ACCOMPANYING THEM. The prelims in the 100's, 200's, and hurdles will begin at 10:00 a.m. At the conclusion of the prelims all field events will begin. Finals in all races will begin at 12:30 p.m.

Admission: Students - \$2.00
High School & Adults - \$5.00

State Track Meet t-shirts will be sold for \$10.00 in the building east of the concession stand.

There will be concessions available with plenty of good food and drinks.

NO ONE WILL BE ALLOWED INSIDE THE FENCED-IN TRACK AND HIGH JUMP AREAS DURING RUNNING AND HIGH JUMP EVENTS EXCEPT THE PARTICIPANTS, STARTER, CLERKS, RECORDER, AND ASSIGNED HIGH JUMP WORKERS, TIMERS AND EXCHANGE JUDGES. ANY UNAUTHORIZED COACHES, PARENTS, OR STUDENTS THAT ARE IN THE ABOVE RESTRICTED AREAS, MAY RESULT IN A DISQUALIFICATION OF PARTICIPANT(S) FROM THE OFFENDING SCHOOL

Students and participants should not sit on the top row of the bleachers. Please instruct. Your students to please use the trash cans and to not throw litter and trash from the bleachers.

TRACK NOTES: Participants are responsible to be at their event on time. The clerks and starter will not hold a race if the participant is not there at the start of that event.

Scoring will be 10, 8, 6, 5, 4, 3, 2, 1.

All participants will use the same shot put and discus. Please leave yours at home.

ONLY MEET WORKERS AND PERSONNEL ARE ALLOWED IN THE SCORERS BOOTH. NO COACHES PLEASE. Be patient at the conclusion of the meet when picking up awards.

It takes some time to total results at the conclusion of the last race and to make sure everything is correct and ready to finalize.