

# SIJHSAA 2022-2023 BOYS AND GIRLS BASKETBALL REGULATIONS

\*The SIJHSAA follows National Federation of High Schools (NFHS ) Rules. These are the same that are used by the Illinois High School Athletic Association. NFHS Rule Books may be purchased on the IHSA Website. ([www.ihsa.org](http://www.ihsa.org)) The following are exceptions to the NFHS Rules.

## Boys and Girls Basketball Regulations

1. **Quarter Length:** For SIJHSAA regular season games, the quarters shall be 7 minutes in 8<sup>th</sup> grade games and 6 minutes in 7<sup>th</sup> grade games.
  2. **Overtime Periods:** Shall be 3 minutes in length.
  3. All "B" or "JV" games are designated for students in the 7<sup>th</sup> grade and below.
  4. The SIJHSAA has no jurisdiction over contests below the 7<sup>th</sup> grade level.
  5. **6 quarter Rule:** A player may not play in more than six(6) quarters per night or day....except tournament play. Overtime periods shall be considered extensions of the 4<sup>th</sup> quarter.
    - (A) Violation of the rule shall be brought to the attention of the game officials by THE OFFICIAL SCOREKEEPER and shall result in a technical foul on the coach and immediate removal of the player involved from the contest.
    - (B) If the player is not removed immediately, the game is forfeited and the coach shall be suspended for one game.
    - (C) The violation shall be reported by both schools to the SIJHSAA office within 24 hours of the violation.

\*Please use common sense when the opposing team simply doesn't have enough players to avoid violation of this rule.
  6. **Ejections:** Any player, coach, or fan that is ejected from an SIJHSAA Event should be reported to Adm. Asst. Wes Choate ([wchoate59@gmail.com](mailto:wchoate59@gmail.com)) by the official and schools involved. Refer to SIJHSAA By Law: Article VIII: Sportsmanship for penalties.
  7. **Mercy Rule:** The Mercy Rule will be used in all regular season and SIJHSAA Basketball State Series games.
- \*Note Mercy Rule NFHS 5-5-3: The running clock will be stopped during free throws when there is one minute left in play.**

## Member School Reminders

1. **Length of Season:** The first day of school until the completion of the SIJHSAA State Basketball Tournament.
2. **Game Limitations:**
  - \*16 regular season games & (3) tournaments
  - \*17 or 18 regular season games & (2) tournaments
  - \*19 or 20 regular season games & (1) tournament
  - \*21 or 22 regular season games & (0) tournaments

\*REGIONAL AND STATE GAMES DON'T COUNT AGAINST A TEAM'S NUMBER OF GAMES OR TOURNAMENTS.

\*FAILURE TO ABIDE BY THIS RULE SHALL CAUSE THE SCHOOL TO BE DENIED ENTRANCE INTO THE STATE SERIES & POSSIBLE SIJHSAA PROBATION FOR THE SCHOOL.
3. **Shootouts:** Each game in a shootout counts as a regular season game not a tournament.

Greg Hale – Director - SIJHSAA  
3887 Pick Road / Pinckneyville, IL 62274  
618-357-2985 (Office) / [sijhsaa@gmail.com](mailto:sijhsaa@gmail.com) (E-Mail)