

# 2025-2026 SIJHSAA Annual Sports Calendar

<b>Softball (2025)</b>	
Regional Meeting	Sept. 16
Regionals	Sept. 23-30
Class L State	Oct. 4, 7, & 9
Class M State	Oct. 4, 7, & 9
Class S State	Oct. 4, 7, & 9
<b>Baseball (2025)</b>	
Regional Meeting	Sept. 16
Class S Regionals	Sept. 19-30
Class M Regionals	Sept. 23-30
Class L Regionals	Sept. 23-30
Class S State	Oct. 4, 7, & 9
Class M State	Oct. 4, 7, & 9
Class L State	Oct. 4, 7, & 9
<b>Cross Country (2025)</b>	
Regionals	Oct. 7-14
State Meet	Oct. 18
<b>Girls' Basketball (2026)</b>	
Regional Meeting	Dec. 10
Regionals	Jan. 13-20
Class S State	Jan. 24, 27, & 31
Class M State	Jan. 23, 26, & 30
Class L State	Jan. 24, 27, & 31

<b>Boys' Basketball (2026)</b>	
Regional Meeting (Class S & M)	Jan. 24
Regional Meeting (Class L)	Jan. 21
Regionals (Class S & M)	Jan. 27-Feb. 3
Regionals (Class L)	Feb. 3-10
Class S State	Feb. 7, 9, 11, & 14
Class M State	Feb. 6, 10, & 13
Class L State	Feb. 14, 17, & 19
<b>Volleyball (2026)</b>	
Regional Meeting	Mar. 3
Regionals	Mar. 17-24
State	Mar. 28
<b>Bowling (2026)</b>	
Regionals	Mar. 14
State	Mar. 21
<b>Golf (2026)</b>	
Regionals	May 4
Boys' State	May 11
Girls' State	May 12
<b>Track (2026)</b>	
Regional Meeting	Apr. 22
Regionals	Apr. 25-May 2
Class S & L State	May 9

