

2022 SIJHSAA CLASS S BOYS AND GIRLS STATE TRACK AND FIELD MEET

HOSTED BY HERRIN HIGH SCHOOL

Welcome to the SIJHSAA Class S State Track and Field Meet. We are excited to be hosting this year's competition. On the following pages you will find information about the meet itself, a timeline of events and information about our outstanding facility. If you have any questions feel free to contact Herrin High School at (618) 942-6606, Herrin Athletic Director Andrew Anderson (618) 925-3197. You can also email me at Andrew.anderson@herrinschools.org

Admission (as per SIJHSAA guidelines):

- Adults: \$5.00 / 9th grade and older
- Students: \$2.00 / 8th grade and younger

Timeline of Events:

Monday, May 9th – Coaches (noon) deadline for entries on Direct Athletics.

- All coaches must enter their state qualifiers thru the "DIRECT ATHLETICS" entry system. The system will be opened on Saturday, April 30, 2022.
- All Regional Hosts: Please send qualifier information by 12:00 (noon) the day following your regional meet. If your regional is held on Saturday, your entries are due by 12:00 (noon) the following Monday. Fax #: (618) 942-7562.

Saturday May 14th

- 9:00 – weigh-in of implements; building Northeast of track
- 9:15 – Coaches meeting (Scratch only – no replacements)
- 9:30 – Girls High Jump begins

*We are hopeful that starting the high jump competition prior to other field events will alleviate issues with athletes competing in running events and high jump competition concurrently.

- 9:55 – National Anthem
- 10:00 – Field Events Begin
- 11:30 – Finals Begin

*As per new SIJHSAA guidelines, no preliminary races will be run at the state meet. Finals will follow the traditional order of events.

Miscellaneous Information:

* We have an all-weather track; runways are also all-weather surfaces as well. Please ensure that all of your athletes are using spikes that are $\frac{1}{4}$ " or less in length. Please ask your athletes not to wear spikes in the bleachers. Restrooms are located on the south end of the track complex.

*Buses will park in the southeast end parking lot next to the woods. The physical address for the Harrison-Bruce Football and Track Complex is: 1211 E. Bond Street Herrin, IL 62948.

*The teams will enter through the Southeast gate and can set up their team camp on the west fencerow behind the visitor's bleachers. No one can set up camp in the bleachers.

*The meet scoring for all events will be as follows: 10, 8, 6, 5, 4, 3, 2, 1.

Field Event Information:

● Competition for the shot put, discus and long jump will be run simultaneously. We can adjust flights for the shot put and discus to ensure that competitors are not competing in multiple events at one time.

- 9:30 – Girls high jump (starting height is 4'0" as per SIJHSAA by laws)
- TBD – Boys high jump (starting height is 4'10" as per SIJHSAA by-laws)
- 10:00 – shot put – boys
- 10:00 – discus – girls
- 10:00 - Boys long jump (east pit)
- 10:00 – Girls long jump (west pit)

Scratch Meeting:

- On the day of the meet, the scratch meeting will be at 9:15 on the second floor of the press box. Remember no replacements scratches only.

Timing of Running Events:

● The timing of the running events will be conducted using our Lynx F.A.T. Timing System. Final results will be posted in the press box as well as announced on the public address system.

Starter:

- The starter will be Art Ashbrook and the assistant starter will be Dave Wilmore.

Staging Area:

- The staging area for all running events will be located in the Northwest end of the track. Athletes are asked to report in a timely manner as to keep the meet running smoothly. There will be benches located in the staging area. Athletes will then be taken to the appropriate starting line.

Competitor/Implement Weigh-in:

- The location for the weigh-ins for competitors for shots/discs to be used in competition will be located in the building at the Northeast end of the track. The weigh-in will open at 9:00 and run until 10:00. Shots/discs will be marked indicating they have be weighed and meet SIJHSAA specifications. Any athlete using a non-approved implement will be disqualified.

Athletes and Spectators:

- In order to avoid interfering with field and running events, only competing athletes will be permitted inside the interior fence. Please inform your athletes and their parents of these guidelines.

Warm-up Area:

- Athletes are welcome to use any of the grass area around the track in order to warm up prior to their race. However, they will not be permitted to use the track or football field once races begin.

Blocks:

- Starting blocks will be provided for the meet.

T-shirts:

- * State Track T-Shirts will be sold online only. They can be picked up at the state track meet or mailed directly to your home. Mailing to your home is an additional mailing fee. The link is listed below

<https://statetrack2022.itemorder.com/shop/sale/>

Concessions:

- There will be a concession stand available on the South end of the track complex.

*****Good luck to everyone involved in the Class S State track and Field meet. If you have any questions or concerns feel free to contact us. We hope everything goes well on May 14th and that is certainly our goal.**

Andrew Anderson

Athletic Director

Herrin High School