

**Jr. High State Track Championships - 5/9/2009****Ina, IL****Results****Girls 100 Meter Dash 8th**

| Name            | Year Team        | Prelims | H# |
|-----------------|------------------|---------|----|
| Preliminaries   |                  |         |    |
| 1 Glispie, *    | Carbondale       | 13.53q  | 2  |
| 2 Kizeart, *    | Carbondale       | 13.63q  | 1  |
| 3 Bachmann, *   | Carmi            | 13.66q  | 1  |
| 4 Owens, A      | Centralia        | 13.76q  | 1  |
| 5 Dejean, *     | Du Quoin         | 13.95q  | 2  |
| 6 Alongi, *     | Herrin           | 14.08q  | 1  |
| 7 Tolliver, *   | Central Jr. High | 14.27q  | 2  |
| 8 Snyder, *     | Fairfield        | 14.31q  | 2  |
| 9 Manion, *     | West Franfort    | 14.39   | 2  |
| 10 Vogt, *      | Columbia         | 14.40   | 2  |
| 11 Macintosh, * | O'Fallon         | 14.47   | 1  |

**Girls 100 Meter Dash 7th**

| Name           | Year Team     | Prelims | H# |
|----------------|---------------|---------|----|
| 1 Rosignol, *  | Mt. Carmel    | 13.54q  | 2  |
| 2 Fletcher, *  | Marion        | 13.60q  | 2  |
| 3 Block, *     | Flora         | 14.30q  | 1  |
| 4 Croft, *     | Carbondale    | 14.35q  | 1  |
| 5 Phillips, *  | Belle Valley  | 14.38q  | 2  |
| 6 Rice, *      | Harrisburg    | 14.52q  | 1  |
| 7 Owens, E     | Centralia     | 14.55q  | 1  |
| 8 Kirschner, * | Nashville     | 14.56q  | 1  |
| 9 Hill, *      | O'Fallon      | 14.61   | 2  |
| 10 Williams, * | Sesser-Valier | 14.64   | 2  |
| 11 Bean, *     | Chester       | 14.68   | 1  |
| 12 DeNeal, *   | Harrisburg    | 15.20   | 2  |

**Girls 100 Meter Dash 8th**

| Name          | Year Team        | Finals | Points |
|---------------|------------------|--------|--------|
| Finals        |                  |        |        |
| 1 Glispie, *  | Carbondale       | 13.46  | 10     |
| 2 Owens, A    | Centralia        | 13.61  | 8      |
| 3 Kizeart, *  | Carbondale       | 13.62  | 6      |
| 4 Bachmann, * | Carmi            | 13.89  | 5      |
| 5 Dejean, *   | Du Quoin         | 14.00  | 4      |
| 6 Alongi, *   | Herrin           | 14.15  | 3      |
| 7 Tolliver, * | Central Jr. High | 14.16  | 2      |
| 8 Snyder, *   | Fairfield        | 14.23  | 1      |

**Girls 100 Meter Dash 7th**

| Name          | Year Team  | Finals | Points |
|---------------|------------|--------|--------|
| 1 Rosignol, * | Mt. Carmel | 13.62  | 10     |
| 2 Fletcher, * | Marion     | 13.69  | 8      |
| 3 Croft, *    | Carbondale | 13.78  | 6      |
| 4 Owens, E    | Centralia  | 14.06  | 5      |
| 5 Block, *    | Flora      | 14.13  | 4      |

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|   |              |              |       |   |
|---|--------------|--------------|-------|---|
| 6 | Phillips, *  | Belle Valley | 14.14 | 3 |
| 7 | Rice, *      | Harrisburg   | 14.15 | 2 |
| 8 | Kirschner, * | Nashville    | 14.43 | 1 |

**Girls 200 Meter Dash**

| Name          | Year         | Team          | Prelims | H# |
|---------------|--------------|---------------|---------|----|
| Preliminaries |              |               |         |    |
| 1             | Cobb, *      | Carbondale    | 27.43q  | 1  |
| 2             | Owens, A     | Centralia     | 27.96q  | 2  |
| 3             | Bachmann, *  | Carmi         | 28.16q  | 2  |
| 4             | Snyder, *    | Fairfield     | 28.23q  | 2  |
| 5             | Dejean, *    | Du Quoin      | 28.28q  | 2  |
| 6             | Vogt, *      | Columbia      | 28.97q  | 1  |
| 7             | Sunkett, *   | Wolf Branch   | 29.01q  | 1  |
| 8             | Block, *     | Flora         | 29.06q  | 2  |
| 9             | Kirschner, * | Nashville     | 29.34   | 1  |
| 10            | Williams, *  | Sesser-Valier | 29.43   | 2  |
| 11            | McClinton, * | O'Fallon      | 29.77   | 1  |
| 12            | Graczyk, *   | Eldorado      | 30.95   | 2  |

**Girls 200 Meter Dash**

| Name   | Year        | Team        | Finals | Points |
|--------|-------------|-------------|--------|--------|
| Finals |             |             |        |        |
| 1      | Cobb, *     | Carbondale  | 0.01   | 10     |
| 2      | Owens, A    | Centralia   | 0.02   | 8      |
| 3      | Sunkett, *  | Wolf Branch | 0.03   | 6      |
| 4      | Snyder, *   | Fairfield   | 0.04   | 5      |
| 5      | Bachmann, * | Carmi       | 0.05   | 4      |
| 6      | Dejean, *   | Du Quoin    | 0.06   | 3      |
| 7      | Vogt, *     | Columbia    | 0.07   | 2      |
| 8      | Block, *    | Flora       | 0.08   | 1      |

**Girls 400 Meter Dash**

| Name | Year          | Team             | Finals  | H# | Points |
|------|---------------|------------------|---------|----|--------|
| 1    | Schutt, *     | Johnson City     | 1:02.73 | 2  | 10     |
| 2    | Berry, *      | Central Jr. High | 1:03.02 | 2  | 8      |
| 3    | Whitman, *    | Columbia         | 1:03.13 | 2  | 6      |
| 4    | Cunningham, * | Sparta           | 1:04.11 | 2  | 5      |
| 5    | Croft, *      | Carbondale       | 1:04.79 | 2  | 4      |
| 6    | Decker, *     | Salem Franklin   | 1:05.30 | 2  | 3      |
| 7    | Abu-Douleh, N | Marion           | 1:07.23 | 1  | 2      |
| 8    | Loomman, *    | Centralia        | 1:07.54 | 2  | 1      |
| 9    | Graves, *     | Olney            | 1:08.89 | 1  |        |
| 10   | Watson, *     | Wolf Branch      | 1:09.26 | 2  |        |
| 11   | Pearsol, *    | West Franfort    | 1:09.58 | 1  |        |
| 12   | Speth, *      | Mt. Carmel       | 1:09.70 | 1  |        |

**Jr. High State Track Championships - 5/9/2009****Ina, IL****Results****Girls 800 Meter Run**

| Name            | Year Team      | Finals  | Points |
|-----------------|----------------|---------|--------|
| 1 Schutt, *     | Johnson City   | 2:26.20 | 10     |
| 2 Buss, *       | Mt. Carmel     | 2:26.56 | 8      |
| 3 Nugent, *     | Waterloo       | 2:35.40 | 6      |
| 4 Phillips, *   | Salem Franklin | 2:36.42 | 5      |
| 5 Stierwalt, *  | Highland       | 2:37.25 | 4      |
| 6 Abu-Douleh, N | Marion         | 2:37.75 | 3      |
| 7 Granton, *    | Triad          | 2:38.10 | 2      |
| 8 Dahm, *       | Wolf Branch    | 2:39.31 | 1      |
| 9 Ringering, *  | Red Bud        | 2:39.35 |        |
| 10 Holtzclaw, * | Highland       | 2:40.16 |        |
| 11 Wernsman, *  | Centralia      | 2:40.99 |        |
| 12 Dickman, *   | Marion         | 2:41.31 |        |
| 13 Hall, *      | O'Fallon       | 2:45.33 |        |
| 14 Mckowan, *   | West Franfort  | 2:55.35 |        |
| 15 Trout, *     | Carmi          | 3:05.14 |        |

**Girls 1600 Meter Run**

| Name           | Year Team      | Finals | Points |
|----------------|----------------|--------|--------|
| 1 Buss, *      | Mt. Carmel     | 0.01   | 10     |
| 2 Nugent, *    | Waterloo       | 0.02   | 8      |
| 3 Hall, *      | O'Fallon       | 0.03   | 6      |
| 4 Shotton, *   | Marion         | 0.04   | 5      |
| 5 Kershner, *  | Triad          | 0.05   | 4      |
| 6 Holtzclaw, * | Highland       | 0.06   | 3      |
| 7 Dickman, *   | Marion         | 0.07   | 2      |
| 8 Phillips, *  | Salem Franklin | 0.08   | 1      |
| 9 Greenwood, * | O'Fallon       | 0.09   |        |
| 10 Guzman, *   | Olney          | 0.10   |        |
| 11 Thompson, * | Herrin         | 0.11   |        |
| 12 McDaniel, * | Harrisburg     | 0.12   |        |

**Girls 100 Meter Hurdles**

| Name            | Year Team     | Prelims | H# |
|-----------------|---------------|---------|----|
| Preliminaries   |               |         |    |
| 1 Abu-Douleh, A | Marion        | 17.33q  | 2  |
| 2 Bufford, *    | Carbondale    | 17.41q  | 1  |
| 3 Rinderer, *   | Highland      | 17.82q  | 1  |
| 4 Smith, *      | West Franfort | 17.98q  | 2  |
| 5 Martin, *     | Triad         | 18.02q  | 2  |
| 6 Modglin, *    | Waterloo      | 18.20q  | 2  |
| 7 Ragsdale, *   | Shiloh        | 18.41q  | 1  |
| 8 Mitchell, *   | Du Quoin      | 18.51q  | 1  |
| 9 Hensley, *    | Flora         | 19.56   | 1  |
| 10 Gowdy, *     | Carmi         | 19.68   | 1  |
| -- Hodge, *     | Wolf Branch   | DNF     | 2  |
| -- Dillinger, * | Sesser-Valier | DQ      | 2  |

**Jr. High State Track Championships - 5/9/2009****Ina, IL****Results****Girls 100 Meter Hurdles**

| Name            | Year Team     | Finals | Points |
|-----------------|---------------|--------|--------|
| Finals          |               |        |        |
| 1 Abu-Douleh, A | Marion        | 16.92  | 10     |
| 2 Smith, *      | West Franfort | 17.11  | 8      |
| 3 Bufford, *    | Carbondale    | 17.35  | 6      |
| 4 Martin, *     | Triad         | 17.46  | 5      |
| 5 Rinderer, *   | Highland      | 17.55  | 4      |
| 6 Modglin, *    | Waterloo      | 17.56  | 3      |
| 7 Mitchell, *   | Du Quoin      | 17.91  | 2      |
| 8 Ragsdale, *   | Shiloh        | 18.11  | 1      |

**Girls 4x100 Meter Relay**

| Team                   | Finals | H# | Points |
|------------------------|--------|----|--------|
| 1 Carbondale 'A'       | 52.56  | 2  | 10     |
| 2 Marion 'A'           | 53.96  | 2  | 8      |
| 3 Central Jr. High 'A' | 54.91  | 2  | 6      |
| 4 Centralia 'A'        | 55.37  | 2  | 5      |
| 5 Salem Franklin 'A'   | 55.64  | 2  | 4      |
| 6 Anna 'A'             | 55.76  | 2  | 3      |
| 7 Olney 'A'            | 55.95  | 1  | 2      |
| 8 Dupo 'A'             | 56.11  | 1  | 1      |
| 9 O'Fallon 'A'         | 56.22  | 2  |        |
| 10 West Franfort 'A'   | 56.26  | 1  |        |
| 11 Benton 'A'          | 56.45  | 1  |        |
| 12 Carterville 'A'     | 56.49  | 2  |        |
| 13 Waterloo 'A'        | 56.66  | 1  |        |
| 14 Du Quoin 'A'        | 56.81  | 1  |        |
| 15 Mt. Carmel 'A'      | 57.00  | 1  |        |

**Girls 4x200 Meter Relay 8th**

| Team                   | Finals  | H# | Points |
|------------------------|---------|----|--------|
| 1 Carbondale 'A'       | 1:50.80 | 2  | 10     |
| 2 Marion 'A'           | 1:54.44 | 2  | 8      |
| 3 Salem Franklin 'A'   | 1:54.75 | 2  | 6      |
| 4 Central Jr. High 'A' | 1:55.68 | 2  | 5      |
| 5 Columbia 'A'         | 1:56.01 | 2  | 4      |
| 6 O'Fallon 'A'         | 1:58.75 | 2  | 3      |
| 7 Eldorado 'A'         | 1:59.37 | 1  | 2      |
| 8 Centralia 'A'        | 1:59.46 | 1  | 1      |
| 9 Carmi 'A'            | 1:59.83 | 2  |        |
| 10 Benton 'A'          | 2:01.40 | 1  |        |
| 11 Olney 'A'           | 2:02.22 | 1  |        |
| 12 Waterloo 'A'        | 2:03.88 | 2  |        |

**Girls 4x400 Meter Relay**

| Team                 | Finals  | H# | Points |
|----------------------|---------|----|--------|
| 1 Carbondale 'A'     | 4:23.87 | 2  | 10     |
| 2 Salem Franklin 'A' | 4:25.69 | 2  | 8      |

**Jr. High State Track Championships - 5/9/2009****Ina, IL****Results****....Girls 4x400 Meter Relay**

|                      |         |   |   |
|----------------------|---------|---|---|
| 3 Highland 'A'       | 4:26.79 | 2 | 6 |
| 4 Columbia 'A'       | 4:30.28 | 2 | 5 |
| 5 Centralia 'A'      | 4:30.33 | 2 | 4 |
| 6 Carterville 'A'    | 4:32.35 | 2 | 3 |
| 7 Murphrysboro 'A'   | 4:34.22 | 1 | 2 |
| 8 Marion 'A'         | 4:36.37 | 2 | 1 |
| 9 Mt. Carmel 'A'     | 4:37.06 | 1 |   |
| 10 O'Fallon 'A'      | 4:40.52 | 1 |   |
| 11 Waterloo 'A'      | 4:42.04 | 1 |   |
| 12 Johnson City 'A'  | 4:43.14 | 1 |   |
| 13 Olney 'A'         | 4:44.13 | 1 |   |
| 14 Wolf Branch 'A'   | 4:44.56 | 2 |   |
| 15 West Franfort 'A' | 4:47.53 | 1 |   |

**Girls High Jump**

| Name             | Year Team        | Prelims  |
|------------------|------------------|----------|
| Preliminaries    |                  |          |
| 1 Lingle, *      | Anna             | 4-08.00q |
| 2 Pearsol, *     | West Franfort    | 4-06.00q |
| 2 Thompson, *    | Pinckneyville    | 4-06.00q |
| 2 Conover, *     | Murphrysboro     | 4-06.00q |
| 5 Rzepczynski, * | Columbia         | 4-04.00q |
| 5 Kreb, *        | Central Jr. High | 4-04.00q |
| 5 Holtzclaw, *   | Highland         | 4-04.00q |
| 5 Gowdy, *       | Carmi            | 4-04.00q |
| 5 Henson, *      | Johnson City     | 4-04.00q |
| 5 Davis, *       | Olney            | 4-04.00q |
| 11 Pari, *       | Emge             | 4-02.00  |
| 11 Loomman, *    | Centralia        | 4-02.00  |

**Girls High Jump**

| Name             | Year Team        | Finals   | Points |
|------------------|------------------|----------|--------|
| Finals           |                  |          |        |
| 1 Lingle, *      | Anna             | J4-08.00 | 10     |
| 2 Pearsol, *     | West Franfort    | J4-06.00 | 8      |
| 3 Thompson, *    | Pinckneyville    | J4-06.00 | 5.50   |
| 3 Conover, *     | Murphrysboro     | J4-06.00 | 5.50   |
| 5 Kreb, *        | Central Jr. High | J4-04.00 | 3      |
| 5 Holtzclaw, *   | Highland         | J4-04.00 | 3      |
| 5 Gowdy, *       | Carmi            | J4-04.00 | 3      |
| 8 Henson, *      | Johnson City     | J4-04.00 | 0.33   |
| 8 Davis, *       | Olney            | J4-04.00 | 0.33   |
| 8 Rzepczynski, * | Columbia         | J4-04.00 | 0.33   |

**Jr. High State Track Championships - 5/9/2009****Ina, IL****Results****Girls Long Jump**

| Name            | Year Team     | Prelims   |
|-----------------|---------------|-----------|
| Preliminaries   |               |           |
| 1 Sowash, *     | Triad         | 15-07.00q |
| 2 Lober, *      | Marion        | 15-06.00q |
| 3 Schutt, *     | Johnson City  | 15-03.75q |
| 4 Harrell, *    | Red Bud       | 15-00.00q |
| 5 Rosignol, *   | Mt. Carmel    | 14-10.25q |
| 6 Bridges, *    | Wolf Branch   | 14-06.25q |
| 7 Manion, *     | West Franfort | 14-04.50q |
| 8 Loomman, *    | Centralia     | 14-01.75q |
| 9 Owens, *      | O'Fallon      | 13-08.50  |
| 10 Snyder, *    | Fairfield     | 13-02.75  |
| -- Villareal, * | Waterloo      | ND        |
| -- Baltz, *     | Unity Point   | ND        |

**Girls Long Jump**

| Name          | Year Team     | Finals   | Points |
|---------------|---------------|----------|--------|
| Finals        |               |          |        |
| 1 Sowash, *   | Triad         | 15-07.00 | 10     |
| 2 Lober, *    | Marion        | 15-06.00 | 8      |
| 3 Schutt, *   | Johnson City  | 15-03.75 | 6      |
| 4 Loomman, *  | Centralia     | 15-02.50 | 5      |
| 5 Harrell, *  | Red Bud       | 15-00.00 | 4      |
| 6 Rosignol, * | Mt. Carmel    | 14-10.25 | 3      |
| 7 Bridges, *  | Wolf Branch   | 14-06.25 | 2      |
| 8 Manion, *   | West Franfort | 14-04.50 | 1      |

**Girls Shot Put**

| Name             | Year Team     | Prelims   |
|------------------|---------------|-----------|
| Preliminaries    |               |           |
| 1 Hug, *         | Highland      | 32-07.00q |
| 2 Smiley, *      | Johnson City  | 29-11.00q |
| 2 Palmer, *      | Mt. Vernon    | 29-11.00q |
| 4 Thomas, *      | Carmi         | 29-00.00q |
| 5 George, *      | Du Quoin      | 28-10.00q |
| 6 Holtkamp, *    | Centralia     | 28-09.50q |
| 7 Sattlefield, * | Emge          | 27-10.00q |
| 8 Underwood, *   | O'Fallon      | 26-02.00q |
| 9 Neilbch, *     | West Franfort | 25-11.00  |
| 10 Stanton, *    | Pinckneyville | 24-08.50  |
| -- Harris, *     | Unity Point   | ND        |
| -- Fulton, *     | Unity Point   | ND        |

**Girls Shot Put**

| Name        | Year Team  | Finals   | Points |
|-------------|------------|----------|--------|
| Finals      |            |          |        |
| 1 Hug, *    | Highland   | 32-07.00 | 10     |
| 2 Palmer, * | Mt. Vernon | 30-02.00 | 8      |

**Jr. High State Track Championships - 5/9/2009****Ina, IL****Results****....Girls Shot Put**

|   |                |              |          |   |
|---|----------------|--------------|----------|---|
| 3 | Smiley, *      | Johnson City | 29-11.00 | 6 |
| 4 | Thomas, *      | Carmi        | 29-00.00 | 5 |
| 5 | George, *      | Du Quoin     | 28-10.00 | 4 |
| 6 | Holtkamp, *    | Centralia    | 28-09.50 | 3 |
| 7 | Underwood, *   | O'Fallon     | 28-02.00 | 2 |
| 8 | Sattlefield, * | Emge         | 28-01.00 | 1 |

**Girls Discus Throw**

| Name           | Year Team    | Prelims   |
|----------------|--------------|-----------|
| Preliminaries  |              |           |
| 1 Kohrs, *     | Sparta       | 108-03q   |
| 2 Harre, *     | Nashville    | 103-01q   |
| 3 Thomas, *    | Carmi        | 94-04q    |
| 4 Hug, *       | Highland     | 82-10.50q |
| 5 Wisner, *    | Olney        | 81-07q    |
| 6 Oren, *      | Shiloh       | 80-06q    |
| 7 George, *    | Du Quoin     | 70-11q    |
| 8 Smiley, *    | Johnson City | 70-10.50q |
| 9 Conover, *   | Murphrysboro | 66-05     |
| 10 Reynolds, * | Harrisburg   | 65-09     |
| 11 Rockwell, * | Emge         | 63-05.50  |
| -- Harris, *   | Unity Point  | ND        |

**Girls Discus Throw**

| Name        | Year Team    | Finals   | Points |
|-------------|--------------|----------|--------|
| Finals      |              |          |        |
| 1 Kohrs, *  | Sparta       | 108-03   | 10     |
| 2 Harre, *  | Nashville    | 103-01   | 8      |
| 3 Thomas, * | Carmi        | 94-04    | 6      |
| 4 Wisner, * | Olney        | 84-06.50 | 5      |
| 5 Hug, *    | Highland     | 82-10.50 | 4      |
| 6 Oren, *   | Shiloh       | 80-06    | 3      |
| 7 George, * | Du Quoin     | 73-01    | 2      |
| 8 Smiley, * | Johnson City | 70-10.50 | 1      |

**Women - Team Rankings - 14 Events Scored**

|                   |       |                     |      |
|-------------------|-------|---------------------|------|
| 1) Carbondale     | 72    | 2) Marion           | 55   |
| 3) Centralia      | 40    | 4) Highland         | 34   |
| 5) Johnson City   | 33.33 | 6) Mt. Carmel       | 31   |
| 7) Salem Franklin | 27    | 8) Central Jr. High | 24   |
| 9) Carmi          | 23    | 10) Triad           | 21   |
| 11) Columbia      | 17.33 | 12) West Franfort   | 17   |
| 12) Waterloo      | 17    | 14) Du Quoin        | 15   |
| 14) Sparta        | 15    | 16) Anna            | 13   |
| 17) O'Fallon      | 11    | 18) Wolf Branch     | 9    |
| 18) Nashville     | 9     | 20) Mt. Vernon      | 8    |
| 21) Murphrysboro  | 7.50  | 22) Olney           | 7.33 |

**Jr. High State Track Championships - 5/9/2009****Ina, IL****Results****....Girls Discus Throw**

|                |   |                   |      |
|----------------|---|-------------------|------|
| 23) Fairfield  | 6 | 24) Pinckneyville | 5.50 |
| 25) Flora      | 5 | 26) Shiloh        | 4    |
| 26) Red Bud    | 4 | 28) Carterville   | 3    |
| 28) Herrin     | 3 | 28) Belle Valley  | 3    |
| 31) Harrisburg | 2 | 31) Eldorado      | 2    |
| 33) Emge       | 1 | 33) Dupo          | 1    |

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 Men - Team Rankings - 15 Events Scored  
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|                      |       |                   |       |
|----------------------|-------|-------------------|-------|
| 1) Collinsville      | 55.50 | 2) O'Fallon       | 47    |
| 3) Marion            | 44    | 4) Belle Valley   | 38    |
| 5) Olney             | 35.50 | 6) Du Quoin       | 34    |
| 7) Waterloo          | 31    | 8) Centralia      | 27    |
| 9) Salem Franklin    | 26    | 10) Murphrysboro  | 25    |
| 11) Highland         | 21    | 12) Columbia      | 20.50 |
| 13) Wolf Branch      | 17    | 13) Emge          | 17    |
| 15) Carterville      | 16    | 16) Dupo          | 14    |
| 16) Mt. Vernon       | 14    | 18) Harrisburg    | 12.50 |
| 19) Herrin           | 12    | 20) Mt. Carmel    | 10    |
| 20) Carmi            | 10    | 20) Carbondale    | 10    |
| 23) Triad            | 8     | 23) West Franfort | 8     |
| 25) Central Jr. High | 7     | 26) Chester       | 6     |
| 27) Johnson City     | 5     | 27) Sesser-Valier | 5     |
| 29) Nashville        | 4     | 30) Massac        | 3     |
| 31) Grant            | 1     | 31) Christopher   | 1     |