

SIJHSAA Member Schools:

The Concussion Certification Course is now available for SIJHSAA Member Schools. The Concussion Course is a requirement of the legislation titled the Youth Sports Concussion Safety Act (SB 7).

A component of the Youth Sports Concussion Safety Act requires that all interscholastic coaches (head and assistant coaches whether an employee of a school or volunteer) and marching band directors must successfully complete an approved concussion training course no later than September 1, 2016. Coaches must take an approved course every 2 years to maintain compliance with the legislation.

The SIJHSAA has secured the IHSA Concussion Management Program for its member schools. The curriculum and the examination are the same ones that are currently being used for IHSA personnel, and the delivery system is also very similar.

INSTRUCTIONS FOR COMPLETING THE IHSA CONCUSSION MANAGEMENT PROGRAM

1. Users should be directed to the login page at:

<https://center.ihsa.org/go/concussion/login.asp>

(The shortened link also works: <http://bit.ly/1Wvbzyo>)

2. There they should type the 10-character exam key, and then supply their name, school, and email address. On the next page they can view the various items of study material: six web pages from the CDC and NASP, and videos from the NFHS and IHSA. Please note that the NFHS video requires a simple, free registration and concludes with an examination is NOT the one for which they will receive credit, and yet inevitably, some take it anyway (and wonder why they didn't get credit).

3. Finally there is an IHSA examination. Each person will be presented with 30 questions from a bank of 50, presented in random order. A score of 24 (80%) is required to pass; after scoring the exam, the user may cycle back and try again if a passing score is not achieved.

4. Upon completion the user can print a small certificate (billfold size). After completion - each person should make a copy for proof of compliance and give it to your administrator or athletic director.

I hope this gesture by the SIJHSAA helps all member schools in attaining compliance with the Youth Sports Concussion Safety Act (SB 7).

Sincerely,

Greg Hale

Executive Director

Southern Illinois Jr. High School Athletic Association.